**Mobile Settings** gives you the option to provide your mobile number to receive Facebook notifications as text messages.

BUT if you do provide your mobile number and don’t properly manage your privacy settings, people can search for your Facebook profile using your mobile number.

Under **App Settings**, there are 2 sections that you need to be aware of:

**Apps others use** lets you control the information that Apps can access about you when they are used by your Facebook friends. This includes information like your birthday, photos and where you live.
If you enable **Instant Personalisation**, you are letting outside websites, partnered with Facebook, to ‘personalise’ your experience when you visit their websites – including using your username and profile picture (Remember: Facebook consider these to be ‘Public’ information).
Apps others use and Instant Personalisation are turned on by default in most people’s Facebook accounts – if you don’t want your information shared, you need to turn them off. You might even decide it is just easier to turn off Apps altogether!